

CLIP 12

The Baby Steps Protocol Overview + Development EHS EMF | Hypersensitivities | Malabsorption

Now, we have we have developed what's called baby steps. And we developed this years ago. Someone called me and asked, what could we do to help someone who had **EHS**? Of course, it wasn't called **EHS**, extremely hypersensitivity to **EMF**. Which those people are also **hypersensitive to mold and chemicals**, everything.

It just I couldn't even talk with her. She couldn't talk to me on the phone. This woman had she got so sensitive to EMF that she moved out of her house in L.A. and moved up into a cabin, a non electric cabin in the mountains. And so I couldn't even talk to her for a couple of months. But in helping her, we develop what we call **the baby steps**. And the reason being the **baby steps** is is that we did not want to give her too much energy because her cellular voltage was so low, That she was really toxic. And we had seen other people at that time who were very ill for a long period of time. And they had a **Herxheimer reaction** to too fast charging.

So we developed with her. She was at the perhaps the lowest vitality that we had run into. We developed **the baby steps routine**, and it has been useful for people. Some people are so sensitive that I mean, in other words, you can't apply the magnets too fast. You have to apply them slowly so that as the cells take on their voltage. They don't it's not too much voltage at one time.

Otherwise, they're going to push all those toxins out that have not been able to be pushed out because of their low voltage. You know, malabsorption is an interesting issue. That's what she had.

People who have **EHS**, they have **malabsorption**. What happens is people who have **malabsorption** were generally ill and then caught a cold or a virus or something on top of being ill and they had already used up their **reserve of negative energy** in the body, which all of us have or most of us have.

And on top of using that reserve and being ill, they got further ill and there was **no energy left to shoot to the cells to give them the energy to heal** and so what happens is that instead of their cells voltage increasing by being supplied with negative energy in the body, the negative energy wasn't there. And so instead of the cells voltage going up, which is what it does in its healing mode, it actually went down and then went through a threshold where it didn't have enough energy to absorb the electrolytes and further nutrients it needed to increase its energy and to increase its function.

So we ended up developing the **Baby Steps routines** to start applying the energy carefully and helping them build up and it's been useful for people.