

### Clip 3

#### **[Peter]**

And what one is trying to do is achieve the highest, it's actually the negative state. You know, it's interesting, animals and the human being run on negative charges. I mean, we run on both charges, but we run basically on negative charges, where plants run on positive charges.

So, I mean, if you injure yourself, the first thing that happens is a signal ascends to the brain, and the brain sends a descending signal to put negative energy in the area to heal everything. That's the way the body operates. So, if you can elevate the body's natural negative energy, raise it to what's called the, it's zeta potential, which, well, then you're going to sleep well. All your metabolic functions are going to occur better. You're just going to have a better overall health. And that's what the negative